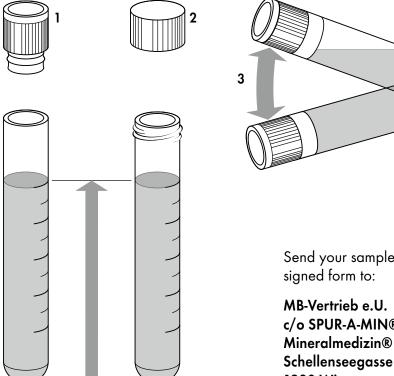
## **Sample Extraction Instructions for Whole Blood Analysis**

- For whole blood spectral analysis send exclusively venous blood.
- Use only our shipment ready containers with Ammonium heparinate.
- Immediately after the blood has filled the tube, tilt or gently tip it a few times.
- Please do not use any form of centrifugal testing!
- The blood sample is independent upon temperature, and can be stored indefinitely or sent by post (in the enclosed damage resistant protective container)
- For each sample sent, a relevant laboratory form or registration form must be enclosed.
- Upon request, for whole blood analysis we can send you a special tube with which your family doctor or an independent medical advisor can carry out the sample withdrawal. For this, please hand the doctor the extraction instructions shown below.
  - Fill opened tube with blood and seal with the stop cap 1
  - Fill the opened threaded tube with blood and screw shut 2 with the cap (suitable for postage)
  - Blend the sample (Tip or tilt the tube a few times) 3



Send your sample with the filled-out and

c/o SPUR-A-MIN® HandelsgesmbH Mineralmedizin® und Analytik Schellenseegasse 59 1230 Wien